

THE PILGRIM QUILL

OCTOBER 2023





Hello Pilgrims!

This Sunday, October 1st we will try something new for communion. Let's talk about what we are going to do first, and then share a couple of reasons why.

We will continue to offer the prepackaged communion cups we have been using since we came back together after the shutdown in response to the pandemic. These will continue to be available in a basket on the welcome table in the narthex and you can always ask an usher for one once you are seated. If you choose to continue to use the prepackaged communion you may remain seated and serve yourself as we have been doing at the appropriate time in the service.

We will now also offer communion up front. An usher will excuse each row to come forward down the center aisle. As you approach the table two by two (two lines walking towards a long table) you will receive the bread of life and the cup of blessing.

There will be gluten free communion wafers available or pieces of yeast bread in paper ramekins on a silver tray. You may choose your preference and serve yourself. The communion steward will then say: "The bread of life broken for you;" and you will eat.

Next you will see trays filled with communion cups filled with grape juice. You may serve yourself. The communion steward will say: "The cup of blessing poured out for you;" and you will drink.

The ramekins and communion cups are biodegradable and recyclable and we invite you to place them in the blue recycle bins on either side of the communion table as you make your way back to your pew using the side isles.

After the people have come forward if there is anyone who is unable to come forward who would like

to receive communion, simply raise your hand and we will bring the sacrament to you where you are seated and serve you. All the while our worship musician plays some beautiful music in the background.

Our first priority is safety. Due to the reality of living in a world with Covid returning to the days of passing the paten with cubed bread and the communion trays pew to pew, person to person, are long behind us. (A paten is the name for the plate the communion bread sits on.) No one wants to receive the sacrament after 100 hands have touched the patens and trays. This way the person who prepares the sacrament and you will be the only ones to handle the bread and juice.

Our second priority is to try something that embodied the spirit of the sacrament itself. There is something to be said for coming to the communion table and the cross to take the bread of life and the cup of blessing. An usher will invite row by row to come forward as you are able and choose to do so. While we used to take the sacraments all together this way allows for some more intimate and personal space for reflection and prayer.

Our third priority is to be able to make the sacrament as accessible as possible. If you are not able to physically come forward I am happy to bring the sacrament to you on a small paten by which you may serve yourself in the pew. I love doing this. Or you can continue to use the prepackaged communion cups we have been using for the past many months and remain seated as well. The choice is yours. A gluten free option is available. If this goes well we may add a wine option as well. All will be served.

Our final priority is to create something that will be an experiment. We may change things as we live into a new way of being, or even scrap it all together – but we feel strongly that this is worth a try. As Covid has changed many things about church it is time to us to consider new traditions and the way we serve communion and experience the sacrament together is one of those things.

Join us this Sunday and help us find our way. Spend some time in prayer and meditation as we celebrate the greatest meal ever served, the Lord's Supper, and let the Spirit speak as we enter this holy and sacred time together on World Communion Sunday.

Sincerely,

Pastor Rob

Sunday Scriptures

2. E. Van

Sunday, October 1:

Matthew 21:23-32 - The Chief Priests

Sunday, October 8:

Matthew 21:33-36 - Parable of the Vineyard

Sunday, October 15:

Matthew 22:1-14 - The Wedding Banquet

Sunday, October 22:

Matthew 22:15-22 - Paying Taxes

Sunday, October 29:

Matthew 22:34-46 - The Greatest Commandment

News from Council President, Patti Burns

Happy Fall Y'all! This is a season where we can truly see the beauty of God's creation!

September was a month for us to reflect on creation and what it means for Pilgrim to be a Creation Justice Congregation. I am looking forward to the Blessing of the Animals on October 1st. It was a fun event last year.

Pilgrim has started the search for a new Adult Education Coordinator. May God guide us in this journey to find someone who will inspire us to learn.

Blessings during this beautiful season.

Patti Burns

October the Month to Celebrate Pilgrim and KIVA! 11 Years...100 Families Helped

In September of 2012 the Outreach Ministry began its relationship with KIVA. Eleven years later we have much to celebrate! KIVA is a 501(c)3 nonprofit organization. KIVA's mission is to connect people through lending to alleviate poverty. KIVA works with micro finance institutions on five continents to provide loans to people without access to traditional banking systems. During October the Outreach Ministry will be sharing with the congregation what has been accomplished through our work with KIVA.

With an initial gift of \$500 from the Trust Committee, we made our first loan. Maribel who lived in Chacas, Peru with her two children asked for a loan to purchase corn seeds and natural fertilizers. As a small farmer she sold her crops locally which helped her community as well as supported her family. Recently we made our 100th loan to Ana who lives in El Salvador with her two children, husband, and mother in law. She makes her living selling used clothing and used her loan to purchase more used clothing.

Over the last eleven years, Pilgrim has invested only \$3,250.04. That represents money from special offerings and gifts from the Alternate Gift Fair. The amount we have lent is \$15,875.00 which is money that has been repaid on the loans we have made. Most of the loans we have chosen to give have been to women. Women have less access to lending institutions and are extremely important in keeping families together and making sure children are educated. We have given loans in 36 countries around the world. Sectors we have lent to include agriculture, clothing, food, education, housing, retail and transportation. Whenever possible we look for loans that will help nurture the environment.

During the Moment for Mission on three Sundays in October, you will hear the stories of three special women we have funded: Jennifer from Madison, WI, Ruth from Honduras, and Tatiana from Tonga. We will also be taking an extra offering on those Sundays so that you will have the opportunity to increase Pilgrim's ability to help more people during the coming year. If you would like to give by check please make the check payable to Pilgrim UCC and designate KIVA in the note space.

We can be proud of what has been accomplished in the past eleven years. This is a win win situation for everyone involved. It requires little effort or money from Pilgrim but it has huge benefits for

those receiving the loan. Let us CELEBRATE and be thankful that we are able to make a difference in the lives of people around the world.

If you have any questions, please talk to Peg Bradley or any member of the Outreach Ministry. You may also learn more about KIVA on their website www.kiva.org.





Flowers for Church

Members can continue to sign-up to provide flowers in church on the Sundays of each month
In Memory Of Someone or
In Honor Of Someone or
Special Occasion.

The sign-up poster is hanging on the window (of Cathy's office) behind the Scrip table.



Diner's Club!!!

The next get-together is planned for Sunday, October 22nd at Riviera Maya on Johnson Street. The sign-up poster is in the narthex.

Please sign-up by October 20th.
Gathering begins at 5:00PM with sit down for the meal at 5:30PM.

As always, if you have suggestions for other restaurant choices, let Patty Minter know.

Happy Dining!!!



Coffee Hour 1st Sunday of Each Month (except where noted)

Volunteers are Needed and if no one signs up for any given month, there will be NO coffee hour. We can have coffee hour for a reason or no reason!

The sign-up poster is in the narthex with dates and instructions; any member of the church can sign-up.

If you notice supplies getting low or if you have questions, please let Patty Minter know at 920-251-0425 or pattyminter@gmail.com



Meet on Sunday Mornings from 10:15AM to 11:15AM in the **lounge** for those wishing to attend in person. We will have a

few minutes to chat after worship before the program begins promptly at 10:15AM. Those preferring to join from the comfort of your home, the link for the programs will be the same throughout the fall semester.

To join Zoom Meeting:

https://us02web.zoom.us/j/87682457999? pwd=NkICT0ZEYWtTRnIwcEtRNDBCMGRhQT09

> Meeting ID: 876 8245 7999 Passcode: 769374

> > October 1
> > Coffee Fellowship



October 8 The Supreme Court - Session 2

Presenter: Dr. Paisley Harris

Dr. Harris teaches Women's History, African American history, cultural and legal history at the University of Wisconsin Oshkosh. She will finish a discussion to help us understand both the intricacies and the impact of the Supreme Court in today's political climate. What is the history of the Supreme Court? Why should we care about it today? These are some of the questions she will dive into.

October 15 Sabbath

Presenter: Lowell Louis

Lowell Louis, from the congregation of B'Nai Israel in Oshkosh, discusses the Sabbath and its significance from the perspective of the Hebrew Bible and his own tradition as well. Congregation B'Nai Israel is a reform synagogue serving a diverse community that comes from various streams of Judaism.

October 22 NAMI

Presenter: Brad Leonard

NAMI strives to support and empower every person, young and old, touched by mental illness. They are committed to removing stigma and nurturing recovery through advocacy, education and outreach throughout Fond du Lac County. This presentation offers insight into the hope and recovery possible for people living with mental illness.

October 29 Do Nothing Course

Presenter: Professor Connie Kassor

Learn to boost creativity, improve sleep, reduce stress, enhance productivity and improve mental and physical health. Professor Kassor teaches skills to intentionally de-stress and unplug and do things other than constantly feel pressure to perform. This is a great class to come to, to hear about the importance of healthy sleep habits, deep thinking and meditation. The class gives one permission to sit still!

EXPANDING HORIZONS



Meet Wednesday Mornings
9:30AM -11:00AM in the **lounge** for in-person learning; the link for those wishing to view via Zoom from home is as follows: https://us02web.zoom.us/j/88978012384?
pwd=cGxJa0pJbExSM0FFWEtIMmtJYzNodz09

Meeting ID: 889 7801 2384 Passcode: 762316

October 4 & 11 El Salvador

Presenter: Jill Stiemsma

Jill Stiemsma normally teaches Basic English in El Salvador for a Non-Governmental Organization called (in English) the Center for Intercultural Exchange and Solidarity (CIS-El Salvador). The Center magically finds the funds to build decent housing in various communities, finance the development of women's businesses, provide hundreds of scholarships to high school and college students, work within the legal community to free (always poor) women imprisoned for supposedly having abortions, fund the international observation of Salvadoran national and local elections, provide both English and Spanish classes, the latter as a way for CIS to generate some income, work with communities to develop democratic links to the federal government. That government, in Jill's opinion, is imperiled by their current president who calls himself "the world's coolest dictator." Come learn about the Salvadoran struggle for justice and human rights over the last century, including the impact of Liberation Theology and US funding during the Salvadoran Civil War, officially 1980-1992.

October 18 One Woman Play

Presenter: Jill Stiemsma

Jill Stiemsma presents a one woman play she wrote about Oscar Romero who was murdered while celebrating Mass, including the voices of his

supporters and his critics. El Salvador's bishop, Oscar Romero, just one day before his assassination, said, "I have no ambition of power and because of that, I freely tell those in power what is good and what is bad, and I do the same with any political group—it is my duty."

October 25 Hope LGBTQ+

Presenter: President Maddie Wiles

HOPE serves LGBTQIA+ students in Oshkosh and provides awareness and programming around identities, acceptance and resilience. They promote equity for all queer individuals, recognizing that to do so we must honor and affirm all personal identities which intersect and impact LGBTQ+ lived experiences in the world. In embracing equity, they seek to eradicate the powers that oppress, marginalize, make invisible, disenfranchise, harass, bully, intimidate, harm, abuse and/or discriminate against LGBTQ+ individuals and communities.



Loaves and Fishes

Pilgrim Church will serve its final Loaves and Fishes meal for this year on **December 6th** at the Church of Peace.

Each time we provide a meal, several volunteers are needed to donate and prepare food, set-up, serve, clean-up and distribute leftovers. It is hoped that those that have helped in the past will volunteer again; new volunteers are always welcome!

Watch for the sign-up poster which will be in the narthex approximately two weeks before the serving date. If you have any questions, please contact Jim Bentley at 920-922-5093.

Notes from Karen

(Our Sunday School Director)

SUNDAY SCHOOL NEWS

Sunday School Classes

Sunday school classes began on September 17th. For families who plan on having their child/children attend and haven't yet filled out an enrollment form, please do so ASAP, so the CE ministry can plan accordingly. Thank you.

This program year we will again be taking monthly collections to help support the St.Katharine Drexel Homeless Shelter. For October's collection, they need healthy after school snacks such as granola bars, fruit cups and individual packaged snacks. In addition to needing healthy snacks, they are also in need of baking supplies as they are working with the different aged children and youth to practice baking skills. Items needed include cake and cookie mixes, frostings, chocolate chips, instant puddings, sprinkles, muffin mixes, etc. Thank you to all who can help with these monthly collections through our Sunday school program.

KNOCK KNOCK MIDDLE SCHOOL RETREAT

The **Jr. Youth, 6th-8th Graders**, have a wonderful opportunity to attend a weekend retreat at Daycholah Center on Green Lake from **11/17/23 - 11/19/23**. This weekend retreat will allow youth to discover love and acceptance as the true experience of the church. It is also a wonderful opportunity for youth who have never been to church camp to try it out for a shorter amount of time. As always, scholarships are available through the CE ministry. Please talk with Karen if you would like a scholarship form to fill out.

Intergenerational Blanket Making Event

On **Friday**, **October 20th**, the CE Ministry will again be hosting an intergenerational blanket making event. We will be tying blankets to give to those less fortunate to keep them warm on those cold winter evenings that will soon be here.

We will have some fleece material available, purchased by the CE ministry, but will also be taking donations (either monetary or the actual fleece materials). If you are unable to attend this family fun night but would like to contribute, please talk with Karen Goodacre.

Heifer International Update

It is a pleasure to be able to report that with the loose change (and often those dollar bills) that was collected last spring when the Sunday school children were taking up a collection for Heifer International, we were able to donate on a triple match day late this past summer. We originally raised \$168.56 for Heifer and because of this and the triple match, we purchased 3 sheep, 3 flocks of chicks and 3 gifts of honeybees. All these will be donated to help others less fortunate around the world to better their families' lives. On behalf of the Sunday school students, thank you everyone for helping the students with this important endeavor as they learn the importance of helping others around the world.

Youth Group Event

CALLING ALL JR. AND SR. HIGH YOUTH!!!!! The youth group event for October will be an outing to the Burial Chamber Haunted House in Fox Crossing, Wisconsin (this is in the Neenah area) on the evening of Saturday, October 28th. The cost will be \$5 per youth and the remainder will be sponsored by the CE ministry. Please RSVP to Rachel or Steven Wicihowski so that they make sure to have enough drivers and chaperones to attend this exciting event. As always, friends are welcome but we need to know ahead of time. Watch for more information.

Blessings, Karen



As everyone begins to return to their fall routines, please add SCRIP to the list as one of the many ways in which you can help out here at Pilgrim. By becoming a regular user of the SCRIP program, you are helping to raise money towards our annual budget.

The SCRIP program is very user friendly, you simply purchase gift cards to area businesses that you regularly patronize, pay face value for each gift card and in return Pilgrim receives a percentage back from those individual businesses.

Whether it be grocery stores, gas stations, from drive-thru to sit down restaurants, or all the places in between (Kohls, Target, Walmart or almost any stores and businesses that you can imagine), there is the potential for Pilgrim to earn money from these businesses that many of us our visiting on a daily or weekly basis. **NOTE:** Currently Kwik Trip is offering a 10% return on all Kwik Trip cards purchased. This means for every \$100 Kwik Trip card purchased, the church earns a \$10 profit or for every 10 - \$100 cards sold, we earn \$100! PROFIT!!!

Please consider giving the SCRIP program at Pilgrim a try if you aren't already using it. If you have any questions as to how the program works or special requests of businesses that you would like for me to regularly keep in inventory, please give me a call or speak to me at the SCRIP table on a Sunday morning. Thank You, Karen Goodacre @ 920-904-5740.

PILGRIM UCC ANNUAL HAM DINNER THURSDAY, NOVEMBER 2, 2023 4:00PM TO 7:00PM





The success of an event depends on everyone's help. There are many ways to help with the ham dinner. We will follow the path we took last year with Take Out Only.

Sign-up sheets will be in the narthex listing all the areas helpers will be needed; there will also be a sheet listing the items we need donated. You can sign-up on the sheets in the narthex or call the church office to have Cathy put your name down on what area you will be able to help; you can also send an email to Cathy in the office (cathy.drew@pilgrimuccfdl.org) to have your name put down for the area in which you can help.

The ham dinner is an important fundraiser for the church to help us make our annual budget. If you have questions about how you can help or any safety concerns you may have before you volunteer to help, please don't hesitate to call me. Listed below are the time frames for the workers we will need (number in parentheses denotes the number of workers for each function) and also listed are the items we need donated; I'm hoping you can find several ways to help with this event:

9:00AM -11:00AM	Potato Peelers (6) - Applesauce Cup Fillers (4) - Bun/Butter Packaging (4)
1:00PM - 3:00PM	Pie Cutters & Packagers (5)
2:30PM - 6:30PM	Vegetable Prep
3:45PM - 5:15PM	Take Out Assembly Line (10) - Transporter of Meals from Fellowship Hall to
	Narthex (3) - Baggers of Meals in the Narthex (5) - Car Delivery Runners (5)
5:15PM - 7:00PM	Take Out Assembly Line (10) - Transporter of Meals from Fellowship Hall to
	Narthex (3) - Baggers of Meals in the Narthex (5) - Car Delivery Runners (5)
5:30PM - 8:00PM	Clean Up Crew/Dish Washing (8)

Cash Donations are also needed to help offset cost of supplies for dinner (these cash donations can be put in an envelope marked "Ham Dinner" and dropped off at the office or put in the offertory plate); **other donated items required**:

Desserts We will offer a few varieties of desserts; we will need 8" or 9" pumpkin or apple pies

OR cakes (each line on the sign-up sheet represents a donation of 2 pies per line

or 1 - 9 x 13 cake); please consider helping in this area

Butter - 1 lb. We need 11 – 1 lb. packages of butter 2% White Milk We need 5 gallon jugs of white milk

I hope to see many of you that day. Thank You in advance for any way you are able to help with our Annual Ham Dinner.

Linda Stutz 920-539-2518



Shoulders Up – Shoulders Back – Head Up – Phone Down!

October is National Healthy Lung Month

Given the cold/flu/covid/RSV season and the October environmental allergies, an awareness of healthy lungs is very appropriate.

The lungs main job is to move fresh oxygen into the body while removing carbon dioxide. (Inhale/Exhale) That process is aided by the diaphragm – a large dome-shaped muscle under the lungs. With inhalation, the diaphragm contracts downward; creating a vacuum that causes a rush of fresh air into the lungs. With exhalation, the diaphragm relaxes upward pushing on the lungs; forcing the air out. With each breath, the clean air is "traded" across very, very, very thin membranes for carbon dioxide. I've written about the importance of consciously taking slow deep breaths to allow the clean air to get deep into the lungs where it can be circulated throughout the body.

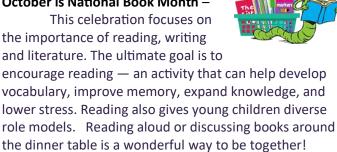
A cough is a body response to something irritating the throat or lungs. The irritant stimulates nerves that send a message to the brain. The brain signals the chest and abdominal muscles to quickly contract and force the said irritant out. An occasional cough is normal and healthy - a cough that persists may be a sign of a medical problem.

Cough medicines are generally taken when coughs cause a lot of discomfort or interfere with sleep. Over-the-counter cough and cold medicines are intended to treat the symptoms of coughs and colds, not the underlying disease. They may make a person feel better temporarily, but will not help shorten the illness. A Primary Care provider will want a call with questions of over-the-counter medication dosing in children, a cough that does not go away in 2 weeks, a cough that produces thick green, yellow, pink, or rust colored phlegm, shortness of breath, and coughing associated with wheezing, fever or chest pain.

"Home remedies" to ease a cough can be sucking on hard candy or a spoon full of honey to "coat the throat". Sipping on warm liquids – (tea, broth or even just hot water) can also soothe an irritated throat as well as helping to thin any phlegm. Moisturizing the air with a cool mist steamer and avoiding tobacco smoke – first and second hand - will also help. Check out the bulletin board for information about colds, influenza, and pneumonia.

FYI...Beginning September 25th, each household can receive **four free rapid**, **at-home COVID tests** from the government by placing an order online at https://www.covidtests.gov Shipping will begin October 2nd through the Post Office. "These tests will detect the currently circulating COVID-19 variants, are intended for use through the end of 2023, and will include clear instructions on how to verify extended expiration dates," (from the HHS press release).

October is National Book Month -



Along that line of thinking...October is also Dyslexia Awareness Month

From the Mayo Clinic: "Dyslexia is a learning disorder that involves difficulty reading due to problems identifying speech sounds and learning how they relate to letters and words (decoding). Also called a "reading disability", dyslexia is a result of individual differences in areas of the brain that process language. Dyslexia is not due to problems with intelligence, hearing or vision. Most children with dyslexia can succeed in school with tutoring or a specialized education program. Emotional support also plays an important role."

So...Why is WISE (Welcoming, Inclusive, Supportive, and Engaged for Mental Health) important?

Someone who is Dyslexic is considered "Neurodiverse" – their brain processes information differently. This idea emerged during the 1990s, aiming to increase acceptance and inclusion of all people while embracing neurological differences and is most often referred to as Autism, Learning Disabilities, and Attention Deficit Disorder. Note - what some might say is "Normal brain functioning" is then termed "Neurotypical"…like maybe neuro-usual, or

neuro-characteristic... Some variation in brain functioning is not abnormal, and even if there is a lot of variation, should not be stigmatized or viewed as a "less than". We/PUCC can be a part of that important emotional support.

Normal is a setting on the dryer – not the brain.

Sue



If you love to sing, and if music and singing is one of your favorite parts of Sunday morning worship, then come and join the chorus!

The Pilgrim Choir rehearses Thursday nights from 7:00PM - 8:15PM, and sings twice per month on Sunday mornings; typically the 1st and 3rd Sunday of each month.

If you are interested in becoming a part of the Pilgrim Choir, please email Zach at zball1895@gmail.com.



Pilgrim Friends,

Many thanks to the ladies who served refreshments at Katie's funeral. Very special thanks to Neal for the beautiful music. It is all very much appreciated.

Blessings, Randy & Barb Mittelstaedt

To Our Church Family,

Many heartfelt thanks for all your prayers for Tess and us. The many cards, calls and words of comfort are much appreciated; and hugs also.

Prayers are still needed for Tim; he is home, but has a long road ahead.

Again, many thanks to you all.

Love, Bob & Jane Flaherty

Members of Pilgrim Church,

Thank you very much for your support of the request to provide a meal to WeEmpower Her participants.

What an incredibly giving church. I'm blessed to be a member.

Amber

Pilgrim United Church of Christ Dear Staff and Members,

The Fond du Lac Women's Chorus is so very grateful to you for allowing us to use your kitchen to prepare for our annual bake sale fundraiser. Thanks to your generosity, we were able to meet our goal again!

With smaller membership since Covid, we would not be able to meet expenses without the generosity of donors like you. All of our donors are listed on our concert programs and on signs at our fundraisers, so the public will know of your generosity to us. We truly appreciate that!

Sincerely,
Mary Hobbs, Treasurer

☆

☆

☆

☆

☆

☆

☆

☆

☆☆☆☆☆☆☆

☆

Christian Outreach News!

For the month of October we will be collecting monetary donations for KIVA. KIVA is a world wide organization that loans money to all different people for their needs. This may include buying animals, building a bathroom for their family, starting a new business or growing their business. Please join us in the month of October, at the Sunday service, for stories of people we have helped achieve their dream and how we continue to support KIVA.

Coats for Kids will also continue for the month of October. Please bring your new or gently used jackets or coats to Pilgrim and put in the box in the vestibule.

Don't forget about the hat and mittens/gloves rack! Winter will be here before we know it!

Thank you for all the people and organizations you have helped through the year.



PUCC YOUTH GROUP ACTIVITIES (AUGUST - DECEMBER 2023)

Steven and Rachel Wicihowski are coordinating our youth group events.

(Contact Rachel at ra.burns@hotmail.com or 920-238-5919)

Wednesday August 23, 2023 Meet at 5:45 PM at church for Pizza Party/ arrive at 6:45 PM at Fondy Sports Park for putt putt and gokarts.

Sunday September 10, 2023 — Packers vs. Bears (Tailgate in church parking lot starting at 2 PM — Game at 3:25 PM on a big screen)

Saturday October 28, 2023 – Burial Chamber Haunted House Complex Haunted house in Fox Crossing, Wisconsin (Time/ Date TBA) Meet at church, ride up as a group (Neenah area).

Friday November 17 – Sunday November 19, 2023 – Knock Knock Middle School Retreat at Daycholah Center on Green Lake (for grades 6-8) Parents drop off and pick youth up from camp.

December 2023 – Serve food at new Fondy Warming Shelter (Time/ Date TBA) Meet at warming shelter.

Jan - May 2024 Events TBA

Caring for God's Creation

 $\stackrel{\checkmark}{\sim}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\checkmark}{\swarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

Five Tips to Help You Enjoy a Green Halloween

- *Re-use Costumes make a homemade costume, trade costumes your kids have outgrown, rent a costume
- *Give environmentally thought out candy -Fair trade candy is available in most grocery stores or at Just Fare Market
- *Carry reusable bags...cloth shopping bags or a pillow case...king size, of course!
- *Use and encourage environmentally friendly travel - walk, car pool or visit Trunk or Treat locations
- *Have a green Halloween party dress in homemade costume, serve organic and fair trade treats, use dishes and cutlery instead of disposable plates and plastic forks

Brian Smith invites members of the congregation to join him in a ZOOM discussion of a book focusing on the biblical, theological and moral implications of migration. Brian and Rev. Karen Gygax Rodriguez, Pastor of the Federated Church in Green Lake, will moderate an online discussion for 11 Thursday evenings in the Fall (6:30PM to 7:30 PM from September 7th to November 16th) on Fr. Dan Groody's book, A Theology of Migration:

The Bodies of Refugees and the Body of Christ.

Fr. Groody teaches at the University of Notre Dame and has done extensive pastoral work among migrants and refugees.

Anyone interested can contact Brian at bhsmith801@gmail.com or at home 920-748-9229.



Pilgrim's Fall Rummage Sale will be held on October 12-14, 2023.

Look through your closets and bring in the items that you no longer need; please place items neatly in the kindergarten room.

There is a sign-up poster in the narthex; many hands are needed to help have a successful sale.

Church member, Charle Wicihowski, will be in the narthex after worship on Sunday, October 1st and Sunday, October 8th selling popcorn, trail mix and Christmas wreaths for Boy Scout Troop 701.

Pre-orders will be taken with delivery in November.

Ushers for October		
Date	9:00 Service	
October 1	Bill & Patti Burns	
October 8	Bart & Dawn Dahlke	
October 15	Donna Jost & Bobbie Flaherty	
October 22	Pete Vercouteren & Connie Anderson	
October 29	Avery & Barb Geiger	

Welcomers for October		
Date	9:00 Service	
October 1	Wendy Ellison	
October 8	Bob & Jane Flaherty	
October 15	Judie Behnke	
October 22	Fran Schmid	
October 29	Avery Geiger	

Worship Leaders for October		
Date	9:00 Service	
October 1	Tony Prus	
October 8	Noreen Henderson	
October 15	Jill Barbeau	
October 22	Ellen Sieglaff	
October 29	Jim Thomas	



- 2 Mark Schmidt
- 7 Chase Westphal
- 8 Karter Keys
- 9 Susan Roloff
- 10 Weldon Peterson
- 12 Sharon Menger
- 16 Thomas Kirchhoff
- 17 Maddie Abler Janice Westphal
- 18 Linda Friedel James LaLuzerne
- 19 Matthew Steier
- 22 Kingfang Lin
- 23 Jean Wright
- 24 Rachel Caulfield
- 25 Jessica Goodacre
- 26 Samantha Curl
- 28 John Westphal
- 30 Barb Tadych Trevor Clementi
- 31 Pastor Rob



October 1 Dave & Judi Faubel October 3 Barb & Ron Spies October 4 Jeanne & Arvin Koepke October 4 Jason & Jolene Schmid October 13 Steven & Rachel Wicihowski October 15 Nicky Banks & Rob Van Ess October 27 Kimberly & John Olson October 27 Randy & Linda Stutz

Did we miss your birthday or anniversary? If you have a birthday or anniversary this month and your name is not on the list, perhaps we don't have your information. Please call Cathy in the church office (921-0415) or fill out the form below so your name can be included next year! Thank you!



li you would like your birthday and/or anniversary listed in The Quill, just fill out this form and return it to the church office.
Name:
Birthday:
Anniversary:

Pilgrim UCC Fall 2023 Master Schedule

Worship & Event Schedule

Special Events in Orange Mission Moments in Blue Additional worship services in Red **Choir in Green Themed Sun Services in Purple**

Confirmation Classes in Light Blue Special Music Highlighted *all services at Pilgrim UCC unless otherwise noted

October 2023

Sun Oct 1: 9 AM Worship – 10:15 Coffee Hour & Sunday school – No Adult Ed – Choir – Blood

Pressure Screenings Offered after Worship Sun Oct 1: 12 PM Blessing of the Animals

Wed Oct 4: 6-7:30 PM – 3rd Confirmation Class w/Mentors

Sun Oct 8: 9 AM Worship - KIVA Sun - 10:15 Adult Ed & Sun School - Handbell Quartet - KIVA

Intro

Sun Oct 15: 9 AM Worship – 10:15 Adult Ed & Sun School – Choir – KIVA Highlight

Wed Oct 18: 6-7:30 PM – 4th Confirmation Class

Fri Oct 20: 6 PM Intergenerational Craft Night - Blanket Making

Sun Oct 22: 9 AM Worship – 10:15 Adult Ed & Sun School – KIVA Highlight

Thurs Oct 26: 5:30 PM – New Member Potluck

Sun Oct 29: 9 AM Worship – 10:15 Adult Ed & Sun School – KIVA Highlight

November 2023

Wed Nov 1: 6-7:30 PM – 5th Confirmation Class

Thurs Nov 2: Annual Ham Dinner

Sun Nov 5: 9 AM Worship/ All Saints Day Celebration - 10:15 Coffee Hour & Sun School - No Adult

Ed – Choir – Mission Moment: WISE Task Force

Sun Nov 12: 9 AM Worship - 10:15 Adult Ed & Sun School - Handbell Quartet

Wed Nov 15: 6-7:30 PM – 6th Confirmation Class

Fri Nov 17: 6 PM Chili Cook-Off and Game Night

Sun Nov 19: 9 AM Worship – 10:15 Adult Ed & Sun School – Choir

Thurs. Nov 23: Thanksgiving Day

Sun Nov 26: 9 AM Worship – No Adult Ed & Sun School Wed Nov 29: 6-7:30 PM – 7th Confirmation Class

December 2023

Sun Dec 3: 9 AM Worship (1st Week of Advent/Hope) – Alternative Gift Fair after worship – Choir – Make N' Take Crafts for Youth

Sun Dec 10: 9 AM Worship (2nd Week of Advent/Peace) – 10:15 Adult Ed & Sun School – Handbell Quartet

Wed Dec 13: 6-7:30 PM – 8th Confirmation Class

Fri Dec 15: 6 PM Intergenerational Christmas Caroling/Jingle Bingo/Cookies & Hot Cocoa Sun Dec 17: 9 AM Worship (3rd Week of Advent/Joy) – Children's Christmas Program – 10:15 Adult Ed/ No Sun School

Wed Dec 18: 6-7:30 PM – 9th Confirmation Class

Thurs Dec 21: 7 PM Worship - Blue Christmas Service

Sun Dec 24: 9 AM Worship (4th Week of Advent/Love) – Christmas Eve morning

Sun Dec 24: 10 PM Worship – Christmas Eve Candle-light Service – Choir

Sun Dec 31: 9 AM Worship – New Year's Eve morning – No Ad Ed/Sun School

Special Sunday School Dates*

*Sunday School runs Sept 17, 2022 – May 12, 2023 after worship (10:15AM – 11:15AM)

Nov 26: No Classes – Thanksgiving Weekend

Dec 3: Make N' Take – During our normal class time, while the Alternative Gift Fair is happening, students will be able to make a variety of crafts as gifts while learning not all gifts have to be store bought.

Dec 17: Youth Christmas Program – during worship. No Sunday School Classes

Dec 24: Christmas Eve – No Classes Dec 31: New Year's Eve – No Classes

Family Fun Nights

Fri Oct 20: 6 PM Intergenerational Craft Night – Blanket Making

Fri Nov 17: 6 PM Chili Cook-Off and Game Night

Fri Dec 15: 6 PM Intergenerational Christmas Caroling/Jingle Bingo/Cookies & Hot Cocoa

Scripture Readings for Fall 2023*

*Scripture readings are used both in worship and Sunday school.

Oct 1: The Chief Priests (Matt 21:23-32)

Oct 8: Parable of the Vineyard

(Matt 21:33-36)

Oct 15: The Wedding Banquet (Matt 22:1-14)

Oct 22: Paying Taxes (Matt 22:15-22) Oct 29: The Greatest Commandment

(Matt 22:34-46)

Nov 5: Be Humble (Matt 23:1-12)

Nov 12: Ten Bridesmaids! (Matt 25:1-13)

Nov 19: Parable of the Talents (Matt 25:14-30)

Nov 26: Sheep & Goats (Matt 25:31-46)

Dec 3: Be Ready (Mark 13:24-36)

Dec 10: John the Baptizer Prepares the Way

(Mark 1:1-8)

Dec 24: Angels Visit (Luke 1:26-38)

Dec 24 10 PM Jesus is Born (Luke2:1-20)

Dec 31 Simeon & Anna (Luke 2:22-40)

<u>Dates for Fall Term (Sept – Dec) 2023 Confirmation Class*</u>

Wed Oct 4: 3rd Class w/ Mentors

Wed Oct 18: 4th Class Wed Nov 1: 5th Class

Wed Nov 15: 6th Class

Wed Nov 29: 7th Class Wed Dec 13: 8th Class

Wed Dec 20: 9th Class w/ Mentors

*Field Trips and retreat TBD

Wed Evening sessions are from 6-7:30 PM

(Spring Term Jan – May 2024)

Christian Outreach

October: KIVA: Connecting people through lending to alleviate poverty.

November: Toys for Tots and Angel Tree

December 3: Alternative Gift Fair (After worship)

Health Ministries Fall 2023

October 2023

Healthy Lung Month - vaccines - deep

breathing

Dyslexia Awareness Month

All Saints Sunday – Oct 29

WISE – What is a Covenant? (Present WISE

Covenant to Council)

Bulletin Board – cold/flu/pneumonia

Youth – National Book Month - Importance of reading and the Little Library in front

November 2023

Shorter day light days and the holidays

Health Literacy Month

End daylight saving time – an extra hour of life (?)

Medicare enrollment time

Great American smoke-out - nicotine effect

WISE - Covenant (Mission Moment and

Coffee Time November 5th)

Bulletin Board - Youth - Vaping

December 2023

Advent begins Dec.3rd. Happy New Year! National Handwashing Awareness Week

Winter Solstice and National Flashlight Day

The Longest Night

WISE - Covenant again with any changes and questions/comments

Bulletin Board - Handwashing

Youth – Sleep and blue screens

Adult Forum

"Education is the most powerful weapon which you can use to change the world." -Nelson Mandela

ADULT FORUM Meets Sunday mornings from 10:15AM to 11:15AM in the lounge for those wishing to attend in person. There will be a few minutes to chat after worship before the program begins promptly at 10:15AM. Those that prefer to join from the comfort of your home, the link for the programs will be the same throughout the winter/spring semester. To join Zoom Meeting:

https://us02web.zoom.us/j/87682457999?pwd=NklCT0ZEYWtTRnlwcEtRNDBCMGRhQT09

Meeting ID: 876 8245 7999

Passcode: 769374

October 1: Coffee Hour - No Adult Ed

October 8: The Supreme Court – Presenter: Dr. Paisley Harris

Dr. Harris finishes her two week discussion on the Supreme Court.

October 15: Sabbath - Presenter: Lowell Louis

Lowell Louis, from the congregation of B'Nai Israel in Oshkosh, discusses the Sabbath and its significance from the perspective of the Hebrew Bible and his own tradition as well.

October 22: NAMI - Presenter: Brad Leonard

Fond du Lac strives to support and empower every person, young and old, touched by mental illness. They are committed to removing stigma and nurturing recovery through advocacy, education and outreach throughout Fond du Lac County.

October 29: Do Nothing Course - Presenter: Professor Connie Kassor

Learn to boost creativity, improve sleep, reduce stress, enhance productivity and improve mental and physical health.

November 5: Coffee Hour – No Adult Ed

November 12: Limitless Possibilities – Presenter: Josh Vale

Josh Vale comes with his charismatic charm and tells how he is dedicated to empowering people with disabilities to maximize their independence and to lead satisfying productive lives in the community.

November 19: A Thanksgiving Reflection: Come Before Winter – Presenter: Peg Bradley Based on Paul's request of Timothy to "come before winter," we will explore what that means in our

lives today.

November 26: Aging & Disability Resource Center – Presenter: Raine Bleecker

Come listen about important pre-need information including funeral planning and living wills.

December 3: Alternative Gift Fair - No Adult Ed

December 10: Forward Services – Presenter: Maurice Pentek

Come hear about a wonderful resource in Fond du Lac that provides training, education, career guidance and supportive services for anyone needing a little help.

December 17: Advent – Presenter:

A special presentation to help prepare ourselves for Christmas.

December 24 & 31: No Adult Forum due to Christmas & New Year's Eve.

Expanding Horizons

EXPANDING HORIZONS will meet Wednesday Mornings 9:30AM -11:00AM in the lounge for in-person learning; the link for those wishing to view via Zoom from home is as follows: https://us02web.zoom.us/j/88978012384?pwd=cGxJa0pJbExSM0FFWEtIMmtJYzNodz09 Meeting ID: 889 7801 2384

Passcode: 762316

October 4 & 11: El Salvador – Presenter: Jill Stiemsma

Jill Stiemsma teaches English in El Salvador for an organization that funds housing, women's businesses, children's scholarships and much more.

October 18: One Woman Play – Presenter: Jill Stiemsma

Jill presents a one woman play she wrote about Oscar Romero who was murdered while celebrating Mass, including the voices of his supporters and critics.

October 25: HOPE LGBTQ+ - Presenter: President Maddie Wiles

HOPE serves LGBTQIA+ students in Oshkosh and provides awareness and programming around identities, acceptance and resilience.

November 1 – Dec 13: The Texts of Terror by Phyllis Trible: A Look at Feminist/ Womanist Biblical Criticism - In highlighting the silence, absence and opposition of God, as well as human cruelty, these neglected stories - interpreted in memoriam - challenge both the misogyny of Scripture and its use in church, synagogue and academy.

November 1/ Week 1 – Introduction: Faith and Feminism

November 8/ Week 2 – Hagar

November 15/ Week 3 – Tamar

November 22 / NO CLASS – DAY BEFORE THANKSGIVING

November 29/ Week 4 – An Unnamed Concubine

December 6/ Week 5 – The Daughter of Jephthah/ Conclusion

December 13 – CHRISTMAS BRUNCH – A time to review our fall schedule and talk about our spring speakers.

December 20 – No Expanding Horizons due to the holiday week.

December 27 – No Expanding Horizons due to the holiday week.

PILGRIM UNITED CHURCH OF CHRIST CHURCH COUNCIL MEETING Monday, September 18, 2023

Present: Patti Burns, President, Jim Bentley, Vice President, Pastor Rob Van Ess, Avery Geiger, Patty Minter, Linda Stutz, Fran Schmid, Karen Goodacre, Donna Jost, Jill Barbeau, Wendy Ellison, Secretary, Ron McCreedy,

With a quorum present the meeting was opened with a prayer from Pastor Rob at 6:05 PM. Linda Stutz requested an addition to the agenda – Trust Fund allocations

Secretary's Report: Reviewed.

With no objections, the August Council minutes were accepted by unanimous consent.

Treasurers Report: Attached. Reviewed. With no objections the August minutes were accepted by unanimous Consent.

Donna explained the Scrip accounting. The on-line giving status will be reported next month. Also included will be information regarding investments. We may need to look at other options regarding investments instead of Wells Fargo. The advisor from Wells Fargo should come to a meeting with the finance group and then make recommendations to the council.

Donna explained that it may be more beneficial for us to place some funds into a PVOXX account which is more liquid/accessible than CDs. Yet also keep some in CDs with the interest rates as what they are.

Jill Barbeau made a motion that we move \$40,000 into PVOXX and then place another \$40,000 into CD accounts (4- \$10,000 CDs) Jim Bentley seconded the motion. With no objections the motion passed with unanimous consent.

Pastor's Report: Pastor Rob reported he had a restful vacation. Katie Mittelstaedt passed and there will be a service. Confirmation class is going well. He is requesting some additional shepherds to assist at classes. There will be a sign up in the Narthex. The Packer game youth activity went well.

Vice President's Report - The meeting with Adult Christian Education committee went well. Some changes made to the Adult Ed. Coordinator job description were made per their requests.

President's Report - As per the Christian Education Committee request the Adult Education Coordinator job description will now state it is a 'salaried position' instead of a '9 month' salaried position.

Old Business - None

New Business: Linda Stutz requested funds from the Trust Fund Allocation for Christmas decoration replacement and updating. Discussion ensued regarding the condition of current adornments. Linda made a motion that up to \$500 from the Trust Fund Allocation be allowed for Christmas decorations. Patti Burns seconded the motion. Without any objections the motion was passed with unanimous consent.

Avery brought up some issues regarding the current individual from the cleaning service we currently have. Tasks are not being completed, the hours identified for them to work is not happening. Avery has a meeting set up with the cleaning service to discuss the issues. He also presented other possible services we could look into hiring. One which was a private individual. Discussion ensued regarding the issues and possible remedies. Avery will discuss issues of the individual currently cleaning the church with Floors 2 Clean. If a resolution can not be found Avery will look into other services. The Council agrees we should stay with a 'service' and not an

individual and gives Avery to proceed as necessary. He will email the Council if changes need to be made. Avery will report at the next Council meeting of any changes.

Ministry/Committee Reports and Updates (as necessary)

Worship & Music – Linda Stutz (Council Rep.) Minutes attached. They are working on a Jazz service for March.

Christian Education/SCRIP - Karen Goodacre (Council Rep.) Minutes attached

Property & Maintenance – Avery Geiger (Council Rep.) Minutes attached. They are looking at any grants available for improvement of the air conditioning.

Lay Life & Leadership – Patty Minter (Council Rep) Dining out group is going well!

Stewardship & Finance – Ron McCreedy for Bayard Frederick (Council Rep) Minutes attached. Please be sure to turn in your budgets for the next year. Send your budget requests to Donna Jost and cc Ron. Ron requested that 4 committees give a 3-5 minute presentation during 'Mission Moments' in church regarding what your committee/ministry does. Please let Ron know.

Membership & Evangelism – Fran Schmid (Council Rep) Minutes attached.

Christian Outreach – Jill Barbeau (Council Rep.) Next meeting is September 19th.

Committee Reports:

Nominating Committee - none

Ham Dinner and Bazaar - Linda Stutz reported the plans are going along well.

Memorial Fund – none

Green Team - minutes attached.

WISE Task Force – minutes attached In November they will host coffee hour and present during Mission Moments

Trust Fund Report (Pastor) \$1000 will be donated to the new warming shelter. The location of the warming shelter will be on 1st and Marr. The warming shelter will be able to provide service to 30 individuals.

The meeting adjourned at 8:05 PM with the Lord's Prayer.

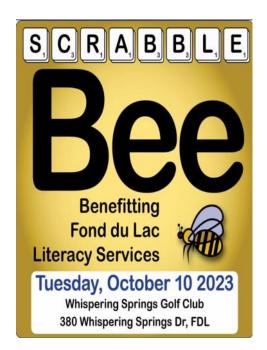
The next Council Meeting is scheduled for October 16th, 2023 at 6:00 PM

Respectfully submitted by Wendy Ellison, Council Secretary





The Little Farmer is open for the season now through November.



Gather your family, friends or coworkers for fun & friendly competition on Tuesday, October 10. It's Scrabble with a twist!! Teams of up to four players will work together in two rounds - one 20 minute, and one 15 minute. Click here to register https://conta.cc/3P6GKke

As part of our Performing Arts Series, the Wisconsin Brass Quintet will present a concert at Church of Our Saviour, 363 S. Main Street, Fond du Lac on Friday, October 6 at 7:00PM. This quintet is composed of music faculty from UW-Madison. The ensemble is regarded as "one of the superb brass ensembles in the USA." If you attended their concert here a couple of years ago, you will remember an outstanding, spectacular concert! There will be a free will offering. All are welcome!

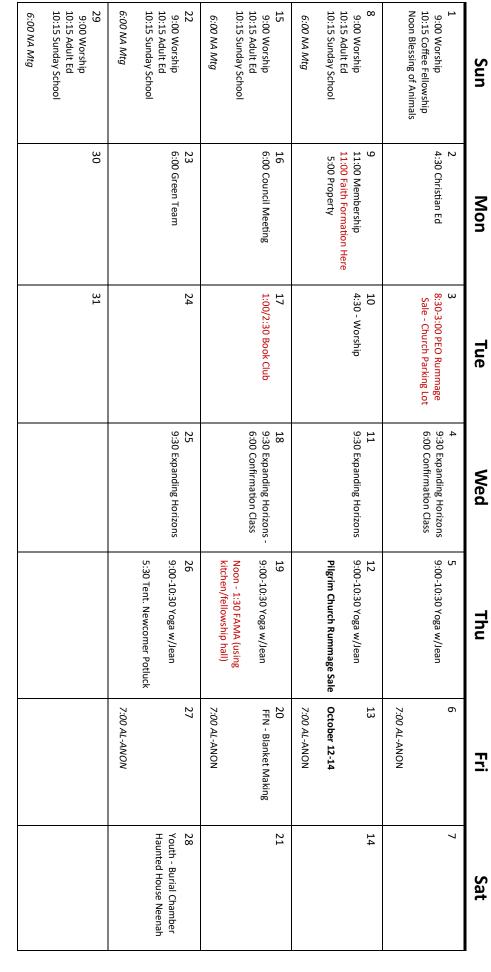








)BER





Pilgrim United Church of Christ Mission Statement

Pilgrim United Church of Christ, a theologically progressive Christian church, pursues growth in faith, social justice, and respect for all voices-with Jesus as our model for how to live and love.

Those Who Serve

tsol annod	Church TreasurerChurch Treasurer
nosill3 ybn9W	Church Council Secretary
yehtnes mil	Church Council Vice President
saring itteq	Church Council President
neal2Clean	nsibotsuJ
	Choir Accompanisttsinsqmoosd
lle8 ynedoez	Choir Director
sagoR-neand sind	Worship Musician
Yeadley Bradley	Interim Adult Education Coordinator
	Youth Coordinator
Goodacre Goodacre	Sunday School Coordinator
zɨmɨnəc əuc	Parish Nurse
weλl γdtեጋ	tnstsized AvitaritimbA
ss∃ nsV doARev. Rob Van Ess	notse9

We are happy to send you our newsletter, but if you no longer wish to receive it, please contact us and we will remove you from our mailing list.

The Pilgrim Quill

RETURN SERVICE REQUESTED

Email: pilgrim.info@pilgrimuccfdl.org Website: www.pilgrimuccfdl.org

535 Stow Street Fond du Lac, WI 54935-2865 Phone: 920-921-0415

Pilgrim United Church of Christ

NON-PROFIT ORG. U.S. POSTAGE PAID Fond du Lac, WI Permit No. 182